

OSPA World Service Minutes – May

Zoom URL: <https://us02web.zoom.us/j/89826297321> | Meeting ID: 898 2629 7321

Date: Sunday, May 4 2025

Time: 12:15 – 1:15 pm Eastern Time

Attendees: Kirra (WS secretary, Tuesday Dancers meeting representative), Cathryn (WS host, IG Treasurer), Greg (Chair traditions committee), Mackie (WS chair), Molly M (Web Administrator, Sunday Group rep, Thursday group rep)

Absent: Mera (Email Support, Monday Night Group Rep), Jamie (Tax and Legal Committee, WS Vice Chair, US/CA chip representative)

1. Opening

- The meeting opened with the “We” version of the Serenity Prayer at 12:15 pm ET.
- A timekeeper was appointed and The 12 Traditions of OSPA were read.
- April 2025 meeting minutes were approved.

2. Reports

- **Treasurer:**

TREASURER REPORTS	JANUARY	FEBRUARY	MARCH	APRIL
Beginning of month's balance	4,742.02	4,725.94	4,619.44	4,488.10
Total contributions	51.63	117.19	37.45	78.40
Total fees and expenses	67.71	223.69	163.42	6.06
End of month's balance	4,725.94	4,619.44	4,493.47	4,560.44
Prudent reserve	1000	1000	1000	1000
Remaining surplus	3,725.94	3,619.44	3,493.47	3,560.44

	January	February	March	April
2025				
Chip Mailings	0.00	0.00	5.37	0.00
Legal & Taxes	61.25	0.00	0.00	0.00
PayPal Fees	6.46	6.84	3.52	6.06
Website		216.85	0.00	0.00
Zoom			159.90	0.00
Total Expenses	67.71	223.69	168.79	6.06
Donations	51.63	117.19	37.45	78.40
Difference	(16.08)	(106.50)	(131.34)	72.34

- **Web Administrator:**

- Website stats for April 6 to May 3

- Since the last report, the website had 648 unique visitors with a total of 1613 sessions.
- 79% were new visitors and 21% were returning.
- 59% were direct (not from a link, social media, or search engine); 23% came through Google, 13% found OSPA via Wikipedia, and the remaining 6% through other search engines and links on other websites.
- 68% came from mobile devices, 30% from Desktop, and 2% were on tablets.
- We had no form submissions from the website to OSPA support.
- Most visited pages were meetings, homepage, and literature.
- There was a new meeting listed - the Monday Recovery Behaviors Meeting at 1-2pm EST. Also, there were two format updates to the Tuesday Topic and Mediation and Saturday Weekend Literature Study meetings posted.

- **Tax & Legal Committee:**

- Bylaws still in progress
- Jamie will file the taxes before the next World Service meeting. They are due May 15.
- The committee will propose something at May's WS regarding copyright/trademark of future literature
- The following update was mistakenly omitted from the agenda and therefore not discussed at this meeting:
 - Recommendation for Web Admin to obtain "osparecovery.com."
 - \$20 annual fee, domain name is available. This protects both top level domain names for OSPA.
 - Can set up redirection later. Good enough to obtain the name for now.
 - Recommendation for Web Admin to change footer of OSPA website to: ©2004-2025 Obsessive Skin Pickers Anonymous, Inc. All Rights Reserved.
 - This will then match OSPA's legally incorporated name.
 - Trademark: Jamie & Amy are getting quotes on fees.
 - There is a registered trademark [®] in OSPA's logo, but no official filing.
 - Once started, could take 12-18 months to complete.
 - This will protect OSPA's rights to its name and logo.
 - Copyright: will explore further after trademark is in process.

- **Email Support:**

- No direct emails nor submissions through website form
- 1 email from Facebook about terminating the account for nonuse, Molly will investigate

- **Social Media Account Moderator:**
 - All accounts are closed, position is open
- **Chip Representatives:**
 - 1 newcomer chip sent out in the US/CA
 - 1 chip sent in UK/EU
 - Suggestion to have pictures of chips on website. Jamie volunteers to take pictures of chips and send them to Molly for this purpose. (Carryover April 2025)
- **Traditions Committee:**
 - Tasked to take material from skinpickingrecovery.org and create official OSPA literature
 - The "Guidelines for OSPA Literature" is on version 04. ETA for Intergroup is July.
 - Includes minor grammar/punctuation updates for the OSPA 12 Steps and 12 Traditions.
 - The "OSPA Behavior Lists Pamphlet" is on version 06. ETA for Intergroup is Aug/Sept.
 - There is an OSPA Literature Review Planner (<https://docs.google.com/spreadsheets/d/1lt00PKehH7faOwfyfZr1eceicXVgb10mIc13ibepYyc/edit?usp=sharing>). Subject to change, just a guide.
 - Coordinating with Tax and Legal committee relating to copyright and trademark so that literature produced is not stolen
- **Reports from Special Committees:** None

3. Meeting Representative Updates

- Monday Living Abstinent AA Big Book Study: representative not present
- Tuesday Meditation and Topic: representative not present
- Tuesday Meditation and Writing: no updates
- Wednesday Topic or AA Lit Study: representative not present
- Thursday Special Focus Body Dysmorphic Obsession: representative not present
- Thursday Stepping Into the Solution: no updates
- Friday Easy Does It: representative not present
- Saturday Weekend Literature Study: representative not present
- Sunday Topic or Speaker: representative not present
- Sunday In All Our Affairs: no updates

4. Unfinished Business

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5. New Business

- Elections
 - Mackie would like to step down from chair
 - Low attendance
- Discussion of how to increase attendance to WSO
 - If we piggyback on the Sunday Meeting's Zoom link this may capture more interested fellows
 - Would have to ask Sunday Meeting for permission, offer to pay proportionately
 - Suggestion to switch start time to 12:10 to allow time for newcomer questions.
 - Suggestion to shorten WSO meeting to 45 mins to decrease aversion to time commitment. We've had trouble in the past with not having enough time to go over everything on the agenda and had multiple small extensions which bothered participants
 - Thoughts about incentivizing newcomers to attend with newcomer chips or Nina's gloves. A raffle may make this more enticing as chips are already free and available.
 - Individual advocacy is a major way of increasing participation
 - **Motion** to shorten the WSO meeting to 45 mins starting June 2025, to delay elections until June, and to use (pending approval) the Sunday Meeting's Zoom account to begin the WSO meeting 15 minutes after the end of the Sunday Meeting. WSO would pay the Sunday Meeting proportionately for use of their Zoom account, ¼ of the monthly cost of maintaining the account. This setup has an experimental period of 3 months, to be discussed again at the August 2025 WSO meeting.
 - Cathryn Sunday Meeting Rep will bring this question to the Sunday Meeting. If this is approved, Molly will update the website. There will also be an effort to announce the change at individual meetings and in unofficial chat groups
 - Plan to announce elections at meetings over next month
 - **Passed** 4 yea, 0 nay
- Discuss implementing the WSO name change re: the website, scripts, etc in the May WSO meeting.
 - **Motion:** to replace all instances of "Intergroup" to "World Service Organization" on the website. Meeting representatives are responsible to advocate for changes to individual scripts. **Passed** 4 yea, 0 nay.

6. Closing

- The meeting closed with the "We" version of the Serenity Prayer at 12:55 pm ET.
- **Next WSO Meeting Date: Sunday, June 1, 2025**