

OSPA World Service Minutes – May 2026

Zoom URL: <https://zoom.us/j/95212590470> | Meeting ID: 422 277 0079

Date: Sunday, May 3, 2026

Time: 12:15 – 1:15 pm Eastern Time

Attendees:

- Kirra (WSO secretary)
- Molly M (Web Administrator)
- Amy L (Literature Committee Chair)
- Jamie (Tax and Legal Committee, WSO Chair, US/CA chip representative)
- Mark (WSO Host)
- Katie (Social Media Moderator)
- Emily N (Email Support)
- Mera (Thursday Meeting Representative)
- Roy
- Yulia
- Sharon

Absent:

- Mackie (Web Admin Assistant, WSO Vice Chair)
- Cathryn (WSO Treasurer, stepped down)

1. Opening

- The meeting opened with the “We” version of the Serenity Prayer at 12:15 pm ET.
- A timekeeper was appointed and The 12 Traditions of OSPA were read.
- March 2026 meeting minutes were **approved**. WSO did not meet in April 2026.

2. Reports

- **Secretary**
 - Index of Motions effort is underway, 4 years of motions have been logged. Effort ongoing.
 - Next elections are in June 2026, please announce in meetings May 2026
 - [2024 service position descriptions](#) document available, encourage current position holders to update this document to more completely reflect their responsibilities to help with June elections.
 - Will begin listing “action items” at the bottom of meeting minutes per request.
- **Treasurer**
 - [Tracking sheet](#)
 - Cathryn needs someone to take the position of Treasurer as she is no longer attending WSO
 - Tracking sheet is not currently up-to-date, *Jamie will reach out about this*

- **Web Administrator**

- Website statistics

- Over the past 30 days (April 2 – May 1, 2026), the website recorded 1,664 sessions (up 18%) and 533 unique visitors (down 3%), with the majority of traffic coming directly (71%), followed by Google search (25%), referrals (3%), and social media (1%).
 - Engagement included two form submissions, with the most visited pages being the meeting page, homepage, and OSPA tools, literature, and newcomer pages. Users primarily accessed the site via mobile devices (59%), followed by desktop (39%) and tablet (2%), with visitors representing 35 countries.

- Website updates

- Key updates included the removal of the Saturday Good Morning Europe meeting at the group's request, the addition of the Saturday "Abstinence No Matter What" meeting, updates to the NYC face-to-face meeting listing, and the upload of revised OSPA 12 Steps and 12 Traditions.
 - Meeting times have also been adjusted to reflect current time zone changes and are expected to display accurately; the administrator requests notification of any errors.

- Please notify Web Admin if anything is needing upkeep on the website

- Comment from attendee–reports could be read by attendees ahead of time rather than during meeting

- **Tax & Legal Committee:**

- Filed taxes and corporate annual report this year
 - See Literature Committee report for legal report

- **Email Support:**

- 3 emails from May, all responded to
 - 1 email from BFRB Foundation which is a nonprofit that connects people to resources for body focused repetitive behaviors. They emailed and asked if we wanted to participate/be listed as a resource and if so [fill out a form](https://www.bfrbfoundation.org).
 - <https://www.bfrbfoundation.org>
 - This form asks for Group Leader Name(s)
 - Discussion:
 - We are already listed somewhere on the BFRB Foundation website. We are not listed under "support groups"
 - Worth doing if we agree with the content of the website.
 - Emily will share the link to the form with the WSO Whatsapp group
 - Molly can look into the 3% of our visits that come from referrals- other websites that list us.
 - This may be a good time to do outreach to various BFRB organizations since TLC has recently merged with an OCD group
 - Literature committee has the creation of a forward-facing statement in its queue of to-dos. This kind of outreach would be an appropriate place to use such a text.

- **Social Media Account Moderator:**
 - Making 1 post per week on Instagram (IG) and Facebook (FB), same post across both platforms
 - Gained one IG follower, now have 8 followers on IG
 - No change in FB page follower count, remains at 558
 - In April, 25 views on FB, 34% from nonfollowers
- **Chip Representative:**
 - Sent out 2 welcome chips since March
 - No time-based chips currently due to past logo issue
 - Working on establishing virtual chips or certificates
- **Literature Committee**
 - The Committee is attending to the Welcome and Preamble revisions.
 - Since these literature items speak to OSPA's purpose, it was decided to revisit the Welcome and Preamble before writing the social media account tag lines.
 - A survey was created for the OSPA fellowship. It was posted and announced in the Friends of OSPA WhatsApp group.
 - [OSPA Welcome and Preamble Feedback](#)
 - Does the WSO recommend it to be posted anywhere else?
 - Discussion: Friends of OSPA is not an OSPA group, needs to go on website.
 - Molly will add announcement to the literature page
 - Current deadline for feedback is May 16. Will likely extend deadline to allow for responses after posting on the website
 - Updates: *OSPA Prayer* has updates ready for WSO approval, submitted as New Business: [OSPA Prayer 03 - WSO Ready](#)
 - New Literature: *Guidelines for OSPA Literature* are ready for WSO approval, submitted as New Business: [Guidelines for OSPA Literature 12 - WSO Ready](#)
 - Waiting for measurements from Social Media Moderator to create updated logos with Julie (graphic designer) for these accounts.
 - Email for literature is working: literature@osparecovery.org
 - Input is welcomed!
 - [Literature Planner](#) is available for viewing

Trademark Info

- Trademark Info: Application has been filed. Might take several months to hear back.
 - a. The legal firm placed an apostrophe in the name. Asked for correction in the filing: Obsessive Skin Picker's Anonymous to Obsessive Skin Pickers Anonymous
- **Reports from Special Committees:** none
- **Meeting Representative Updates:** none
 - Thursday meeting decided that excess funds beyond a \$180 prudent reserve will be donated to WSO on a quarterly basis.
- **10 minutes set aside for discussion of fundraising and outreach**

- Due to time constraints, skipped. Amy will summarize the responses she's gotten on this topic.

4. Unfinished Business

5. New Business

- OSPA Prayer (revised) - for WSO approval (Submitted by Literature Committee)
 - [OSPA Prayer 03 - WSO Ready](#)
 - **Motion** to approve the revised OSPA Prayer as written.
 - Seconded, minimal discussion
 - Motion **passed** 9 yea, 0 nay
 - Molly will update the website, outreach to individual meetings tbd
- Jamie (chair) will extend next month's meeting by an additional 15 minutes to allow for elections and business which has been carried over for several months. The meeting will be held 12:15 - 1:30 ET

6. Other Business

- Not addressed due to time constrains

7. Closing

- The meeting closed with the "We" version of the Serenity Prayer at 1:13 pm ET.
- **Next WSO Meeting Date: Sunday, June 7, 2026**

Action Items

- All WSO service position holders
 - Update your [position description](#) by 5/10.
- Kirra
 - Post a link to the service position descriptions document in the WSO Whatsapp chat
 - Add Emily N to WSO Whatsapp chat
- Jamie
 - Check with Cathryn about last 2 months of expenses
 - Work on bylaws with Molly and Mera
- Mera
 - Work on bylaws with Jamie and Molly
- Emily N
 - Share the form for listing OSPA on the BFRB Foundation website in WSO group chat
- Molly
 - Prepare a report on the 3% of our website visits that come from referrals (other websites that list us.)
 - Add an announcement to the literature page about the literature committee's survey requesting feedback on the OSPA Welcome and Preamble.
 - Update the website with the new OSPA Prayer

- Work on bylaws with Jamie and Mera
- Amy
 - Condense information from other fellowships about fundraising into summaries and actionable items on June Agenda document

Meeting representative announcements

- Elections! WSO elections will take place Sunday June 7. We need rotation of service.
- Literature!
 - WSO has approved an updated version of the OSPA prayer which is now viewable on the OSPA website. Please update meeting slides and scripts.
 - A survey from the literature committee regarding updated versions of the Preamble and Welcome is posted on the OSPA Literature page. Please take a look and provide feedback!
 - Other input regarding literature can be sent to the literature committee email address literature@osparecovery.org.
 - The newly-written Literature Guidelines are viewable through a link on the upcoming WSO agenda. Please read them prior to the next WSO meeting 7/5 so they can be voted upon.
- Upcoming WSO agendas are finalized on the Friday prior to each WSO meeting and posted under the “Service” tab of the OSPA website. All are welcome.