

# OSPA Intergroup Agenda

Zoom URL: <https://us02web.zoom.us/j/89826297321> | Meeting ID: 898 2629 7321

**Sunday, September 1, 2024 / 12:15 – 1:15 pm Eastern**

## IG Commitments Month - September 1,2024

Chair: Molly (covering for Mackenzie)

Secretary: Cathryn (covering for Emily)

Zoom Host: Kirra

1. **Open the meeting with the “we” version of the Serenity Prayer:**  
God, Grant us the Serenity to  
Accept the things we cannot change  
Courage to change the things we can  
and Wisdom to know the difference.
2. **Volunteer for the timekeeper:**
  - a. Give reminders at 30 minutes, then announce “time” when the meeting ends.
    - Greg
3. **Reading of the [12 Traditions of OSPA](#)**
4. **Introductions**
  - a. Molly
  - b. Nina
  - c. Greg
  - d. Kirra
  - e. Cathryn
  - f. Neilee
  - g. Mera
  - h. Ula
  - i. Amy
5. **Last month's Meeting Minutes**
  - a. Mera - motion to approve
    - Greg seconds
  - b. **Minutes Approved unanimously**
6. **Reports**
  - a. Treasurer
    - Expenses = Sent EU chips
    - Notes

- Average monthly contributions for 2024 = \$34
- Cathryn to prepare for next meeting: What is our annual expenses? What is our annual contribution average? What do we need to intake to cover our expenses?
  - a. Amy: We could always do fundraiser events for IG if necessary

TREASURER REPORTS	MARCH	APRIL	MAY	JUNE	JULY	AUGUST
Beginning of month's balance	4,143.60	3,973.39	4,139.79	4227.54	4200.17	4237.41
Total contributions	54.00	177.00	94.00	70	46	26
Total fees and expenses	224.21	10.60	6.25	97.37	8.76	7.69
End of month's balance	3,973.39	4,139.79	4,227.54	4,200.17	4,237.41	4255.72
Prudent reserve	1000	1000	1000	1000	1000	1000
<b>Remaining surplus</b>	<b>2,973.39</b>	<b>3,139.79</b>	<b>3,227.54</b>	<b>3,200.17</b>	<b>3,237.41</b>	<b>3255.72</b>

**b. Webmaster -**

Website Statistics for the last 30 days (August 4 to September 1, 2024):

- In the last 30 days the website had 678 unique visitors from 38 countries, with a total of 1309 sessions. The number of unique visitors is up 6% from the previous period while the number of site sessions was up 11%.
- 62% of these sessions originated from mobile devices, 34% from desktops, and 4% from tablets.
- We had three form submissions directly from the website to OSPA support.
- Unique visitors by traffic source - 53% direct, 21% google, 15% wikipedia, 2% bing and the remaining 7% from other search engines and referral sources.
- What Is Obsessive Skin Picking Page had a big increase in traffic - up 74%. The most visited pages were the Meeting Page, Home Page, and Literature Page.
- The average site session time was shorter than the previous month at 4 minutes and 24 seconds long.
- Greg: Is there any way to call out new site visitors for next month?
  - Molly to do for next meeting: see if she can prepare this info

**c. Tax & Legal Committee - Greg**

- Tax filings are done, thanks Jamie!
- Bylaws
  - Jamie and Greg putting OSPA bylaws together and reviewing with an attorney in FL

**d. Email Support - Mera**

- 5 new inquiries, a few new members in meetings!

**e. Social Media Account Moderator - none**

- f. Chip Representatives -
  - Emily (UK & EU rep): 1 welcome chip sent
- g. Meeting Representatives: Are there any updates from the individual meeting representatives?
  - Monday 9pm ET:
  - Tuesday 8pm CET:
  - Tuesday 11pm ET: Looking for treasurer
  - Wednesday 2pm ET: Looking for treasurer
  - Thursday 7pm ET:
  - Sunday 11am ET: Looking for treasurer

## 7. Unfinished Business

- a. Discussion of questionable items in the “Our Story” portion of the website and updating it to reflect alignment with the reality of the group’s media relations and the 12 traditions.
  - Jamie taking a first pass at this, she is not present today
  - Nina - Motion to postpone to next meeting
    - Kirra second
    - Motion passes unanimously
- b. Discussion on the need for by-laws and proper procedural processes, to be continued (and facilitated by the Tax & Legal Committee’s work).
  - Refer to the tax committee update above
- c. Motion to reconsider – “Intergroup to maintain a Zoom account accessible to all OSPA groups to use for meetings if they so choose.” – Motion had a tie vote in March with chair chairperson breaking the tie.
  - Greg - motion to reconsider the shared Zoom account
    - No second, no discussion today

## 8. New Business

- a. **Point of information** – New meeting web listing requirements.
  - Greg further context - is there a listing for requirements for new meetings? Should there be one
  - Amy - we already have this on our website 😊
    - <https://www.osparecovery.org/starting-a-new-meeting>
- b. **Announcement**
  - Neilee - here advocating for a new meeting on Monday at 6am EST
- c. **Proposal** – A new service board is created called OSPA Online Intergroup, directly responsible to online OSPA groups that choose to register with it. Current OSPA Intergroup is re-named OSPA World Service.
  - Nina - this is not a motion, it is a proposal to provide information in advance of next month when we will put it on the agenda

- OSPA Online Intergroup (OOI):
  - Collects donations and maintains a treasury for all online meetings that choose to register with it (registration is voluntary, all meetings are free to maintain their own treasuries and online meeting accounts)
  - Maintains a Zoom account any online OSPA meeting can use if they so choose
  - Maintains an online list of online meetings and links for members to access them
  - Holds monthly meetings to discuss issues affecting online meetings only
- OOI Service Positions:
  - Zoom Account Manager (ZAM): maintains a professional Zoom account for exclusive use of OSPA meetings; pays annually from OOI treasury funds; interacts with individual meeting hosts to share current access credentials & verify devices if needed; coordinates with OWS webmaster to ensure osparecovery.org meeting list is up-to-date.
  - Treasurer: maintains online payment account (i.e. PayPal, Zelle, bank) and accepts donations on behalf of all online meetings that register with OOI.
  - Maintains a donation link added to the 7th Tradition statement of registered online meetings.
  - Meeting Chair: leads monthly online OOI meetings, which include the ZAM, Treasurer, representatives from individual online meetings, and any other OSPA members who choose to attend.
    - Positions rotate on a yearly basis to start.
- OSPA World Service (OWS):
  - Makes decisions about:
    - Conferences.
    - Literature.
    - Real-life OSPA meetings & events.
    - Tax issues.
    - Chips.
    - The “osparecovery.org” website.
    - Anything otherwise not related specifically to online meetings.
- **Motion - Mera**
  - Motion to request permission from IG to edit OSPA website to make sure that individual scripts match the official OSPA preamble
    - Amendment
      - I [Mera] ask permission from IG to meet with individual meeting reps to update the preamble to reflect official OSPA literature if they choose to use the official
      - Amy & Brenda - permission isn't needed to discuss with meeting reps

- Greg - motion to amend the motion to “I ask for IG to support or endorse”
  - Motion to amend approved by Mera
    - **NEW MOTION**
      - I [Mera] ask for IG’s endorsement to meet with individual meeting reps to help update the preamble to reflect official OSPA literature if they choose to use the official literature
      - Yes - 4
      - No -3
      - **Motion passes**
  - Amy - concerned that IG is meddling in
- Ula seconds original motion
- Discussion open
  - IG approved an update to the preamble to remove a sentence but most individual meetings have not updated the literature
  - The preamble is IG level approved OSPA literature and should all be the same
  - Cathryn note - the preambles live in Google Drive and ownership of those docs is inconsistent
  - Kirra - perspective is that this is not IG’s place to edit individual meetings’ preamble. As of now I would vote no to this based on this
  - Brenda - should we update the motion to reflect the logistics of Google Docs? Also, this seems like something we need to communicate to the meeting reps to bring back to their meetings
  - Mera - Mera is offering to do whatever is needed to make sure that the OSPA literature that is used in individual meetings is consistent
    - Amy - seems we need to go to each individual meeting to address the script at that meeting level, offer support to the meetings to help make the changes
    - Mera - one attempt was made at a meeting, it was confusing
  - Molly - we can change scripts but we won’t be able to make it 100% accurate. We need to change this at the meeting level.
    - Each meeting manages Drive separately
  - Cathryn - is the OSPA preamble official OSPA literature?
    - Molly - Yes it is, if meetings don’t want to adopt it, suggest they use a different preamble. There is no way for IG to make this change on behalf of meetings however
    - Kirra - the “Starting a new meeting” info makes it seem like this is optional

- Mera - there's a section on the website for literature which is official literature. If it's quoted then it should be consistent with what is published

**9. Next Intergroup Meeting Date:** October 6, 2024

**10. Close the meeting with the “we” version of the Serenity Prayer:**

God, Grant us the Serenity to  
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