

OSPA Intergroup Minutes

Zoom URL: <https://us02web.zoom.us/j/89826297321> | Meeting ID: 898 2629 7321

Sunday, January 5, 2025 / 12:15 – 1:15 pm Eastern

IG Commitments Month - January 5, 2025

Chair: Mackenzie

Secretary: Kirra

Zoom Host: Cathryn

1. Open the meeting with the “we” version of the Serenity Prayer:

God, Grant us the Serenity to
Accept the things we cannot change
Courage to change the things we can
and Wisdom to know the difference.

2. Volunteer for the timekeeper: Emily K

3. Reading of the 12 Traditions of OSPA

4. Introductions

- a. Mackenzie (intergroup chair)
- b. Cathryn (treasurer, host)
- c. Emily K (chip rep for UK + EU)
- d. Jamie (vice chair traditions committee, tax committee, chip rep for US)
- e. Greg (chair traditions committee, chair of temporary literature committee)
- f. Mera (email support, Monday night group representative)
- g. Brenda P (traditions committee)
- h. Kirra R (secretary, Tuesday night meeting representative)

5. Last month's Meeting Minutes approved by majority vote, 1 abstention.

6. Reports

- a. **Treasurer** - We pay for Wix website fees in Jan, Zoom fee is upcoming in March. Both are connected to the osparecovery@gmail.com address. Cathryn will investigate whether those two expenses are connected to autopay or if she needs to manually pay those.

TREASURER REPORTS	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
Beginning of month's balance	4,143.60	3,973.39	4,139.79	4,227.54	4,200.17	4,237.41	4,255.72	4,339.31	4,410.11	4,658.21
Total contributions	54.00	177.00	94.00	70	46	26	90	77	266	90
Total fees and expenses	224.21	10.60	6.25	97.37	8.76	7.69	4.61	6.2	17.9	6.19
End of month's balance	3,973.39	4,139.79	4,227.54	4,200.17	4,237.41	4,255.72	4,339.31	4,410.11	4,658.21	4,742.02
Prudent reserve	1000	1000	1000	1000	1000	1000	1000	1000	1000	1000
Remaining surplus	2,973.39	3,139.79	3,227.54	3,200.17	3,237.41	3,255.72	3,339.31	3,410.11	3,658.21	3,742.02

2024 Averages

Average monthly expenses	
	51.65
Average monthly intake after expenses	
	68.80

b. Website Administrator -

Website stats for December 1st to January 4th:

- In the last 30 days the website had 823 unique visitors with a total of 1791 sessions.
- 83% of visits were from new visitors while 17% were from returning visitors.
- 68% of these sessions originated from mobile devices, 31% from desktops, and 1% from tablets.
- We had no direct form submissions from the website to OSPA support.
- Unique visitors by traffic source - 43% direct, 20% google, 29% wikipedia, 3% bing and the remaining 5% from other search engines and referral sources.
- Three meetings had updates posted to the website (meeting formats/slides) - both Thursday Meetings and the Friday Meeting.

The Web Administrator was able to test the functionality of an APP with another fellow to see if listed meetings would show up properly in their respective and different time zones. It did work successfully. The cost per month would be \$5.99 USD. The Web administrator will suggest we adopt the change in the next meeting as she could not be present today.

The renewal for the OSPA website is upcoming on January 21, 2025 and will cost \$216.85.

c. Tax & Legal Committee -

- The annual report (a document which provides a list of officers and confirms that addresses associated with the org are accurate and up-to-date) at sunbiz.org will be filed within the month, costs about \$150 in the state of FL for a nonprofit corporation. Jamie is the registered agent and had some trouble filing for a change of address.
- Filing taxes to IRS this year should be simpler than last year and does not cost anything. We do not need to pay taxes because we do not make enough money yet.

- Jamie and Greg have come up with a preliminary set of bylaws, they will work more on this during the month and bring something back next month. These bylaws would overrule the Robert's Rules default.

d. **Email Support** - Responded to 1 email requesting direct support

e. **Social Media Account Moderator** - Cathryn provided a report on the status of social media accounts, linked below

- Status Doc
- AA Reference files
- Ensuing discussion covered various topics
 - Privacy: member anonymity may be inadvertently compromised by engaging with OSPA social media content
 - Traditions: does use of social media conflict with the anonymity tradition? Looking at how other fellowships do this may help to answer this.
 - Skype: suggestion to delete account because it is not in use
 - Facebook and Instagram: suggestion to be active on these platforms with monthly posts, links to workshops etc. This would serve our primary purpose to reach the skin picker who still suffers.
 - Inaccessible Instagram account: it would be ideal to take this down but we don't have a password. It does show up as a less relevant search option because of its long period of inactivity.
 - Vacant position: A social media account moderator or a committee of folks interested in the topic can discuss these things in detail and propose solutions to the group but as of right now nobody is dedicated to the issue.
- **Movement** to hide the Facebook, Instagram and Youtube pages until we get someone to monitor them, Cathryn volunteers to complete this task. Motion **passes** with 1 abstention and 6 yes votes.

f. **Chip Representatives** -

- US: 3 chips sent in November, none in December, 1 for January so far
- UK/EU: none set in December. Considering looking into what it would cost to send chips to folks further afield e.g. China, Thailand etc so that OSPA members who are not in the US, UK and EU may have access to chips.

g. **Meeting Representatives** - no updates from any meetings

7. Unfinished Business

- a. Discussion of questionable items in the "Our Story" portion of the website and updating it to reflect alignment with the reality of the group's media relations and the 12 traditions.

- Jamie and Molly have been working on this, will come back next month with an official proposal
- b. Traditions committee tasked with integrating parts of skinpickingrecovery.org into osparecovery.org. They are designing a behavior lists pamphlet. There is an opening in the committee as of today.

8. New Business

- a. **Motion:** to add a section to the preamble that explicitly refers to meeting safety.
 - This section will acknowledge that each meeting's atmosphere remains safe and welcoming by practicing Tradition 5: "Each group has but one primary purpose – to carry its message to the skin picker who still suffers." Behaviors and statements that interfere in carrying the message will not be tolerated, and groups may ask individuals to exit the meeting for interferences including: sarcasm, vulgarity, shaming, demeaning, belittling, gas-lighting, bullying, and any usage of words or behaviors that would otherwise interfere with the traditions of OSPA and the recovery of OSPA members. Verbiage will be based on the "Safety Card for A.A. Groups" or N.A.'s "Safety Statement".
 - Motion **tabled** secondary to discussion about whether we allow for proxies to present motions
- b. **Discussion:** Allocation of excess funds.
 - **motion** to table this topic until next month to allow for sufficient discussion time seconded and **passed** unanimously

9. Next Intergroup Meeting Date: Sunday February 2, 2025

10. Close the meeting with the "we" version of the Serenity Prayer:

God, Grant us the Serenity to
Accept the things we cannot change
Courage to change the things we can
and Wisdom to know the difference.