

OSPA World Service Minutes – January

Zoom URL: <https://zoom.us/j/95212590470> | Meeting ID: 422 277 0079

Date: Sunday, January 4th, 2026

Time: 12:15 – 1:15 pm Eastern Time

Attendees:

- Kirra (WSO secretary, Tuesday Dancers meeting representative)
- Jamie (Tax and Legal Committee, WSO Chair, US/CA chip representative)
- Molly M (Web Administrator)
- Katie (Social Media Moderator)
- Mark (WSO Host)
- Amy L (Literature Committee Chair)
- Emily N (Email Support)
- Mera (Meeting representative for several groups)
- Tina T
- Maya E (Monday evening representative)

Absent:

- Cathryn (WSO Treasurer)
- Mackie (Web Admin Assistant, WSO Vice Chair)
- Emily K (Chip Representative UK/EU)
- Noriko

1. Opening

- The meeting opened with the “We” version of the Serenity Prayer at 12:15 pm ET.
- A timekeeper was appointed and The 12 Traditions of OSPA were read.
- December 2025 meeting minutes were **approved**.

2. Reports

- **Treasurer:**
 - [Treasurer Reports](#)

TREASURER REPORTS	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	
Beginning of month's balance	4,516.08	4,623.01	4,649.11	4,702.77	4,744.60	4,006.12
Total contributions	113.13	50.16	58.10	47.10	78.2	53.15
Total fees and expenses	6.2	24.06	4.44	5.27	816.68	4.27
End of month's balance	4,623.01	4,649.11	4,702.77	4,744.60	4,006.12	4,055.00
Prudent reserve	1000	1000	1000	1000	1000	1000
Font Fund			25	25	25	25
Remaining surplus	3,623.01	3,649.11	3,677.77	3,719.60	2,981.12	3,030.00
Font Fund						100

	August	September	October	November	December	Totals	
2025							
Chip Mailings	0.00	0.00	0.00	0.00	0.00		
Legal & Taxes	0.00	0.00	0.00	810.00	0.00		\$810 for copyright and legal fees
PayPal Fees	4.87	4.44	5.27	6.68	4.27		
Website	19.19	0.00	0.00	0.00	0.00		
Zoom	0.00	0.00	0.00	0.00	0.00		Average monthly expenses
Total Expenses	24.06	4.44	5.27	816.68	4.27	0.00	122.07
Donations	50.16	58.10	47.10	78.20	53.15		Average monthly intake after expenses
Difference	26.10	53.66	41.83	(738.48)	48.88	0.00	(56.92)

- **Web Administrator**

- **Website statistics December 7th 2025 to January 3rd 2026**

- Since the last report, the website had 480 unique users and 1,124 site sessions; down approx 20%.

- 72% were new visitors, and 28% were returning.
 - Visitors came from 41 countries.
 - 67% were direct, 18% came through Google, 10% found OSPA via Wikipedia, and the remaining 4% through other search engines and links on other websites.
 - 63% came from mobile devices, 35% from Desktop, and 2% were on tablets.
 - Most visited pages were Meetings, Homepage, and Literature.

- We had four submissions directly from the website to OSPA support.

- Two updates were done to meeting info: new scripts on the OSPA Sunday Topic and Speaker Meeting and a new link to the Friday "Easy Does It" Meeting.

- Query: Would it be possible to discern whether any of the 480 unique visitors from 41 countries are bots? Possibly could be determined by the number of seconds visited? Molly will look into it and report back in future meetings.

- **Tax & Legal Committee:**

- Trademark business with Literature committee will be discussed below
 - Will get information needed for taxes soon, will file before April 2026
 - Looking into filing annual \$60 fee for being a corporation in FL, due by beginning of May 2026

- **Email Support:**

- 3 emails in December 2025, one reported that no one signed up for service for the Wednesday meeting
- Suggestion: respond to that email to tell them it is up to the meeting to determine when to take down their meeting, they should make that decision and then inform the Web Administrator of any appropriate changes.
- **Social Media Account Moderator:**
 - 7 posts on Instagram, 6 followers
 - 7 posts on Facebook, still have 558 followers remaining from account activity in years past
 - In last month 42 views, all from followers
- **Chip Representatives:**
 - **UK & EU Chip Rep:** The following was read aloud by the secretary in absence of UK/EU chip rep
 - **Moving Forward with Recovery Chips**
 - Since we retired our most recent batch of recovery chips due to them having the old font, I believe there's a great opportunity to research different formats for recovery celebration tokens – whether that's physical chips, digital certificates, or something else entirely.
 - We might consider reaching out to other fellowships to ask what they do, speaking with fellows who have recovery in other programs about what they receive, and eventually start getting designs drawn up, sourcing quotes etc.
 - **Rotation of Service**
 - As of this month I will be stepping down from the position of UK & EU Chip Rep. I would have preferred to tell the group this in real time, but I am in Australia for January and February's WSO meetings (possibly March too), and unfortunately the time zone doesn't work for me to attend.
 - I'm more than happy to have a handover call with whoever might like to step into this role at any point in the future – I can provide context on what the position has entailed so far and elaborate on the ideas above.
 - Thank you for the opportunity to serve as UK & EU Chip Rep since Dec 2023. I am grateful to have been of service to OSPA in this way, and I look forward to attending WSO again when my schedule permits.
 - **US & CA Chip Rep**
 - No chips sent in past month but we still have welcome chips available
- **Literature Committee:**
 - The committee was on hiatus for December 2026. Will start monthly meetings again in Jan 2026.
 - A meeting is scheduled for Monday, Jan 5, 2026 with a trademark lawyer to start the trademark process for the OSPA full logo.

- Clarification: The treasurer has requested rotation of service but not completely stepped down. The literature committee will reach out to the Treasurer directly about funding the legal bill of \$1600 and regarding OSPA's Paypal nonprofit status.
- [Literature Planner](#) is available to view. Suggestions are welcomed.
- **Reports from Special Committees:** none
- **Meeting Representative Updates:** none
- **10 minutes set aside for discussion of fundraising and outreach**
 - Outreach
 - Express need for funds at WSO to individual meetings
 - In last year's effort to make all meetings self-supporting, lots of meetings have removed their call to donate to WSO in their scripts
 - In other fellowships, when meetings have a certain amount in prudent reserve, a percentage is donated back to the WSO. Often people do a 40/60 split Intergroup/World Service Organization after establishment of a prudent reserve for the individual meeting.
 - Website literature about 40/60 split, what funds are used for
 - Statement
 - Would be helpful to have a statement about what the funds would specifically support e.g. legal and website upgrades, lit, publications, chip distribution, workshops
 - Main fundraising goal would be increasing membership: reaching people with skin picking problems
 - The literature committee will discuss and return with a forward-facing statement on the February 2026 WSO meeting's new business for approval or amendment
 - Research
 - We should investigate how other fellowships get their funding and how they fundraise
 - Jamie will look at OA, Amy will look at SAA

4. Unfinished Business

- **For discussion:** how to approach requesting permission from fellows to share audio clips of main shares on social media, concern for AI/deepfakes, maintaining anonymity. (Addition requested in Nov by Katie, postponed in Dec for other business)
 - Background
 - OSPA has a Youtube page youtube.com/@osparecovery with nothing on it
 - Some other 12 step programs post audio of speaker shares and workshops on Youtube, including CODA, OA, DA, and SAA
 - Concerns
 - Audio recordings on internet may expose members to risk
 - People may be more identifiable in OSPA seeing as it's a smaller organization and members often state their location in their introductions

- Solutions
 - Make a legal document disclaiming risks of online posting for speakers to sign release of their audio
 - A volunteer or text-to-speech program could read audio share scripts
 - This would make shares less personal
 - Social media moderator could change or censor names
 - It can be helpful to keep names because listeners can seek out specific individuals in meetings and ask them to sponsor or do outreach
 - Limit access to just people who follow the accounts
 - Making the channel private would decrease interaction and outreach
 - Call for speakers who are willing to make their voices and stories public with the understanding of a different environment
 - “Announcement: Our Social Media Moderator is seeking volunteers to share their strength, experience and hope via recordings of their 10-15 minute main shares. The shares will be posted online in hopes of carrying the message to the skin picker who still suffers. The shares will be public, but names will be removed to protect personal anonymity. Please reach out to Katie ([phone number]) if interested.”
 - Amy and Jamie are both willing to have their speaker shares and audio shared
 - Suggest to speakers that they not mention where they are from in their recorded introduction
 - Videos/audio should be at a central location rather than scattered. Posts should lead the user back to a central location: either website or Youtube
 - Ask other fellowships how they’ve handled this concern
 - Jamie willing to ask OA about this issue, Katie can reach out to AA

5. New Business

- **Motion** to add a new service position: a person who facilitates access for neurodivergent skin pickers who face barriers in accessing and/or navigating our fellowship. (Submitted by Noriko Dec 2025)
 - **Postponed** to February due to absence of Noriko
- **Motion** to establish Chip representatives as an official service position and add a description to the OSPA website. (Submitted by Kirra, proxy for Emily Jan 2025)
 - **Seconded**, discussion:
 - Note from former Chip Rep:
 - I recognise Chip Rep isn’t currently an ‘official’ Service Position listed on the website, but I suggest the WSO consider making it one. There’s a real opportunity here for someone to be of service.
 - Context being that at the moment, chip rep responsibilities have been handled alongside other service commitments (e.g. myself

on the Literature Committee, Jamie as WSO Chair and on Tax & Legal Committee), and I believe having a dedicated position would ensure our recovery celebration materials get the focused attention they deserve.

- Jamie has no problem keeping the position in the US/CA. If someone steps up for the EU/UK they could form a committee to work out what's next with chips. Welcome chips for now are good, milestone celebration still to be established.
- Would be good for people to have a way to contact chip representatives listed on website
- **Amended** to: **Motion** to add a description of the chip representative official service position to the OSPA website.
- Motion **passed** 8 yea, 0 nay, 0 abstain. Web Administrator will write a description and bring it to next month's meeting.
- **For discussion**: When are elections due?
 - Elections occur semi-annually, next scheduled for June 1 2026. Last elections were delayed, held in Sept 2025.
 - Web Admin will look at previous meeting minutes to update website on this topic, will update WSO next month
- **For discussion**: How long do we keep a motion on our agenda if the person doesn't show up or send a proxy?
 - This would be part of bylaws
 - Development of bylaws was previously started by Jamie and Greg but progress is halted as Greg hasn't been participating for a while. Jamie and Molly will work on bylaws.

6. Closing

- The meeting closed with the "We" version of the Serenity Prayer at 1:18 pm ET.
- **Next WSO Meeting Date: Sunday, February 1, 2026**