

# OSPA Intergroup Minutes – April 2024

Phone Number: (605) 472-5674 / Access Code: 175945#

**Date:** Sunday, April 7, 2024

**Time:** 12:15 – 1:15 pm Eastern Time

**Attendees:** Cassidy (Chair), Dave F (Webmaster), Greg, Molly M (Webmaster Assistant & Tech Support), Amy L, Nina, Mark, Kirra R (Host & Screen Sharer), Brenda, Emily K (Secretary & UK/EU Chip Rep), Mera, Anna, Jamie (Vice Chair & US Chip Rep), Noriko

**Absent:** Cathryn (Treasurer)

## 1. Opening

The meeting opened with the "We version" of the Serenity Prayer at 12:18 pm ET.

A timekeeper was appointed.

The [12 Traditions of OSPA](#) were read.

Last month's meeting minutes were approved.

## 2. Reports

- **Treasurer:** The treasurer was absent, thus no report was presented.
  - Activity Summary (3/1/24 - 3/31/24)
    - Beginning Available Balance 4,143.60
    - Payments received 54.00
    - Payments sent -221.15
    - Fees -3.06
    - Ending Available Balance 3,973.39
- **Webmaster:** In the past 30 days, there were 3 form submissions, 397 unique visitors (down 18%), and 897 visitor sessions (down 17%). The current Webmaster is stepping down after 1.5 years' service, and is willing to train the successor. Issues regarding smartphone viewing of Intergroup minutes were discussed. Two actions were decided: for Webmaster Assistant to edit the format for mobile version vs web version in Wix to ensure clear mobile viewing, and for the Secretary to save Intergroup minutes as a PDF once they're written and share them with the Webmaster.
- **Tax Status Committee:** Taxes for OSPA have been filed for this year without any reported issues. A request was made to document the steps taken for future reference. An action was decided for Jamie to write these steps and submit them for filing in the OSPA Recovery Google Drive.
- **Email Support:** There were 3 unique enquiries received since the last meeting.
- **Social Media Account Moderator:** The position remains vacant, so no report was presented.
- **Chip Representatives:** The US rep sent out two 30-day chips over the past two months. Following a suggestion to enhance chip awareness among members, it was proposed to

post chip photos on the website. It was agreed that this proposal constitutes New Business and should be presented as a motion. The UK rep reported no activity for the month.

- **OSPA Copyright/Intellectual Property Committee:** No updates were provided.

### 3. Meeting Representative Updates

Various updates were provided by meeting representatives, including a report on successful fundraising and Zoom payment for the Thursday 7pm ET meeting.

During the update, a question arose about the Thursday 7pm ET meeting's fundraising. Molly M explained that the group had created a treasurer role with a defined job description. Regular announcements are then made during their weekly meetings, and updates on the treasurer's activities are included in their Business Meeting minutes. Communication is facilitated through a dedicated Thursday meeting WhatsApp group. Donations are collected through Venmo and PayPal, and are managed by Molly in her capacity as the treasurer.

Amy L suggested that meeting representatives explore using end-to-end encryption for their Zoom meetings. She also proposed posting the phone numbers and access codes for these meetings on the website so those without internet access or smartphones can dial-in, enabling us to reach more skin pickers.

### 4. Elections

Elections were conducted for semi-annual Intergroup service positions. It was noted that these positions would have a 5-month term instead of the usual 6-month term. This adjustment was made because elections were postponed last month to allow for additional time for advertising.

The results of the new position elections are as follows:

- Meeting Chair: Vacant (Jamie stepping up as Vice Chair for next month)
- Vice Chair: Jamie
- Host and Screen Sharer: Kirra
- Email Support: Mera
- Treasurer: Cathryn
- Secretary: Emily
- Social Media: Vacant
- Webmaster: Vacant (Amy L reviewing job description and will consider volunteering)
- Webmaster Assistant & Tech Support: Molly M
- Chip Representatives: Jamie (US) & Emily (UK/Europe)

After the elections, Mera noted that individuals unfamiliar with Robert's Rules might hesitate to take on Intergroup service positions. Molly M shared a [cheat sheet](#) for reference, and there was discussion about available resources, such as books, to learn the rules.

A motion was proposed to extend the meeting by 10 minutes until 13:23 EST, which was seconded and carried.

## **5. Urgent Business**

1. Urgent business was raised by Noriko regarding the Tuesday 8pm CET meeting needing assistance with their Zoom account running out and lacking funds to extend it. Suggestions were made to explore free methods or to pay for one month until the next Intergroup meeting. It was decided that this was a matter specific to the individual meeting and not a decision for Intergroup.

## **6. Old Business**

1. Implementation of removing "OSPA welcomes those with the related disorders of Trichotillomania (hair pulling), and self-mutilation disorders" from the welcome copy in meeting scripts. Motion: For Mera to draft and share the agreed change with Molly M for website update. The motion was seconded and carried.

## **7. Unfinished Business – Items to be Carried Over to the Next Meeting:**

1. Motion: Intergroup to maintain a Zoom account accessible to all OSPA groups to use for meetings if they so choose. Amendment: The implementation of this motion to be addressed at the following Intergroup meeting.
2. Sarah, Cassidy, and Dawn are offering to compile OSPA's first daily reader for its 20th anniversary. Call for submissions drafted, proposal discussed in January. Responses to questions asked in an earlier Intergroup meeting to be shared.  
Motion: For Intergroup to approve the call for daily reader submissions as official OSPA business for announcement.  
Motion: For Cassidy, Sarah, and Dawn to collect, compile, and edit submissions for Intergroup approval upon completion.
3. Chair's suggestion: Creation of a WhatsApp group for Intergroup service positions and meeting representatives to enhance communication efficiency between meetings.
4. Discussion and brainstorm around how to support members and share abstinence hope.
5. Motion to include a recap of discussions and upcoming agenda items in the Intergroup Agenda format.

## **8. New Business**

No new business.

## **9. Closing**

The meeting closed with the “We” version of the Serenity Prayer at 13:23 EST.

**Next Intergroup Meeting Date:** Sunday, May 5th, 2024.