

## DRAFT OSPA World Service Minutes – February 2026

Zoom URL: <https://zoom.us/j/95212590470> | Meeting ID: 422 277 0079

**Date:** Sunday, February 1st, 2026

**Time:** 12:15 – 1:15 pm Eastern Time

### Attendees:

- Kirra (WSO secretary, Tuesday Dancers meeting representative)
- Maya E (Monday Recovery Behavior meeting representative)
- Molly M (Web Administrator)
- Amy L (Literature Committee Chair)
- Jamie (Tax and Legal Committee, WSO Chair, US/CA chip representative)
- Cathryn (WSO Treasurer)
- Brenda P
- Emily N (Email Support)
- Mera (Meeting representative for several groups)

### Absent:

- Katie (Social Media Moderator)
- Mark (WSO Host)
- Mackie (Web Admin Assistant, WSO Vice Chair)
- Noriko

### 1. Opening

- The meeting opened with the “We” version of the Serenity Prayer at 12:15 pm ET.
- A timekeeper was appointed and The 12 Traditions of OSPA were read.
- January 2026 meeting minutes were unanimously **approved**.

### 2. Reports

- **Secretary**
  - Recruited 2 fellows to help to establish an Index of Motions
  - Would fellows find it helpful to have a deadline for submitting motions?
    - Feedback from attendants:
      - A deadline would be helpful as procedural to prevent the agenda from changing dynamically immediately before the meeting, would give attendees time to consider items in advance
      - Suggest 48h before meeting
      - Concern that the requirement to submit ahead of time could preclude people from showing up to the meeting with a concern/item⇒ In other meetings, a section titled “Other Business” can be a space for such items

- **Motion** to make Friday before WSO meeting the deadline to submit items for the WSO agenda.
      - Seconded, discussion.
    - Motion **amended** to set a deadline for the submission of items to the WSO agenda as 5pm EST on the Friday prior a WSO meeting. Items will be submitted to [support@osparecovery.org](mailto:support@osparecovery.org) with “Attn: Secretary” in the subject line.
    - Motion **passed**, 7 yea, 0 nay, 0 abstain.

- **Treasurer**

- Cathryn is past the 2 years of service and needs to step down as treasurer, is anyone able to take this commitment?
- [Treasurer Reports](#)
- [Drive folder](#) with all Treasurer files

| TREASURER REPORTS            | JANUARY         |                       | January           |
|------------------------------|-----------------|-----------------------|-------------------|
| Beginning of month's balance | 4,055.00        | <b>2026</b>           |                   |
| Total contributions          | 135.93          | Chip Mailings         | 0.00              |
| Total fees and expenses      | 1,836.73        | Legal & Taxes         | 1600.00           |
| End of month's balance       | 2,354.20        | PayPal Fees           | 8.21              |
| Prudent reserve              | 1000            | Website               | 228.52            |
| Font Fund                    | 25              | Zoom                  | 0.00              |
| <b>Remaining surplus</b>     | <b>1,229.20</b> | <b>Total Expenses</b> | <b>1836.73</b>    |
|                              |                 | Donations             | 135.93            |
| <b>Font Fund</b>             | <b>125</b>      | <b>Difference</b>     | <b>(1,700.80)</b> |

- Notes
  - We paid \$1600 to the lawyers for the trademark work
    - They didn't accept PayPal so Cathryn paid from her personal credit card and reimbursed the \$1600, receipt for lawyers [here](#).
    - A note that these lawyers did accept PayPal for something else, treasurer can reach out to Amy in the future regarding this
  - Our font fund is up to \$125
  - We had our annual website payment go out this month as well

- **Web Administrator**

- **Website Stats for January 4 - January 31st**
  - Since our last report the website had 583 unique visitors from 37 countries, with a total of 1394 sessions.
  - 75% of visits were from new visitors while 25% were from returning visitors.
  - 61% of these sessions originated from mobile devices, 36% from desktops, and 3% from tablets.
  - We had four form submissions directly from the website to OSPA support.

- Unique visitors by traffic source - 70% direct, 17% google, 5% wikipedia, 2% Facebook and the remaining 6% from other search engines and referral sources.
  - The most visited pages were the meetings page then homepage, followed by literature and newcomers.
  - Updates were made to Two Meetings: The Monday Behavior Meeting and Sunday Topic and Speaker Meeting.
  - One meeting closed due to low participation, the Neurodivergency Meeting,
- **Tax & Legal Committee:**
  - No updates
  - Taxes, corporation report with FL state (\$68) need to be filed.
- **Email Support:**
  - 5 emails this month from newcomers.
- **Social Media Account Moderator:** Read aloud by Jamie in absence of Katie
  - OSPA Instagram and Facebook are linked and can be accessed through Meta's account center
  - Changed recovery birthday to January 1, 1970
  - Changed email for Instagram and Facebook to [osparecovery@gmail.com](mailto:osparecovery@gmail.com), recovery phone number is 240-505-7195 (Katie)
  - January 2026 information:
    - Instagram made 3 posts, gained 1 follower.
    - Facebook made 3 posts, no change in followers, 313 views (42.8% nonfollowers)

| Instagram | November 2025 | December 2025 | January 2026 |
|-----------|---------------|---------------|--------------|
| New Posts | 4             | 2             | 3            |
| Followers |               | 6             | 7            |

| Facebook  | November 2025          | December 2025      | January 2026               |
|-----------|------------------------|--------------------|----------------------------|
| New Posts | 4                      | 2                  | 3                          |
| Followers |                        | 558                | 558                        |
| Views     | 440 (50% nonfollowers) | 42 (all followers) | 313 (42.8.2% nonfollowers) |

- **Chip Representatives:**
  - **US & CA Chip Rep**
    - Will look into creating something to do in place of chips with lengths of abstinence (e.g. certificate) and present to WSO at later date.
- **Literature Committee:**
  - Started meeting again in Jan and have an active year of literature planned.
    - Still sorting out positions, duties, etc. between six members.

- Took some time to upload all pieces of literature (except one OSPA Literature Gmail account still waiting to access) to the “Literature” folder in Google Drive.
  - Request everyone who might have receipts, spreadsheets, documents on their computer to do the same
- Then shared the “Literature” folder with each member of the Committee. They have shared access to that folder only, not the entire Google Drive.
- [Literature Planner](#) is updated.
  - Added to our project list to create public facing statements for social media account and online (1-2 sentences, 1 paragraph)
- Added to our project list so work with Julie to create updated logos for these accounts. Waiting for measurements to get versions for social media accounts.

### Trademark Info

- Lawyer has started the process for trademark
  - Will take 5 to 6 months for trademark to be approved
- The OSPA logo includes all of our assets. One plan would be to set aside funding (\$1600) for two future categories of the full logo and pause after that. Not perfect, but it will cover us because it contains all of the OSPA design elements.
  - Currently filing in Class 009 (Downloadables) + Class 041 (Meetings & Education)
  - Future filing in Class 014 (Medallions/Jewelry) + Class 016 (Paper Goods)
- Renewal process
  - First renewal is 5 to 6 years
  - Second renewal is 9 to 10 years
  - Third renewal is every 10 years
- What is the legal address for the filing - is it a residential or PO Box?
  - Can we get the documents uploaded to the Google Drive
- **Reports from Special Committees:** none
- **Meeting Representative Updates:** none
- **10 minutes set aside for discussion of fundraising and outreach**
  - **Report** on how other fellowships get their funding and how they fundraise from Jamie (OA) and Amy (SAA)
    - No updates from Jamie yet on OA, will get back
    - Amy reached out to SAA, SLAA, DA, UA, and RA. Can present a report on this topic next month.

### 4. Unfinished Business

- **Report:** When elections are due (Molly)
  - Elections were last held in June 2025 (as a carryover from May) and should have been held in January 2026.
  - All WSO positions are currently up for election semi-annually.
  - **Motion** to change all WSO position terms to be 1 year long except for treasurer which will remain a 2 year long position.
    - Motion **passed** 7 yea, 0 nay, 0 abstain.

- This will push elections to June 2026. Secretary will add a standing note to agendas that elections need to be announced in May.
  - **Report:** on how other fellowships approach requesting permission from fellows to share audio clips of main shares on social media, concern for AI/deepfakes, maintaining anonymity. From Jamie (OA) and Katie (AA).
    - No updates from Jamie, Katie not here. **Postponed** to March agenda.
  - **Motion:** to approve description of the chip representative position on OSPA website as written by Web Admin Molly.
    - **Chip Representatives (USA / UK)**
      - Maintains custody of anniversary chips and mails them to fellows upon reaching milestones.
      - Keeps basic records of chip inventory and distribution.
      - Submits mailing and supply expenses for reimbursement by the WSO.
      - Coordinates with the WSO as needed to ensure timely fulfillment of chip requests.
    - Motion **seconded**, discussion:
      - Point of clarification: we only have welcome chips at this time, no OSPA name or logo on chips.
      - Motion **passed**, 6 yea, 0 nay, 1 abstain
  - **Follow up:** How long to keep a motion on our agenda if the person doesn't show up or send a proxy?
    - Decided in Jan we can pass this motion before bylaws are officially completed.
    - **Motion** to keep an item on the agenda for 2 meetings before it is dropped if the person or a proxy does not show.
      - **Seconded**, discussion:
        - Clarification: If an item is not addressed in the first meeting in which it is presented, the chair announces that the item will remain on New Business for the next meeting.
        - This rule only applies if an item is announced and the person who proposed it or a proxy is not present. Items are carried over on the agenda for as many meetings as it takes to come to discussion so long as there is someone present to speak to it.
      - Motion **passed**, 7 yea, 0 nay, 1 abstain.
      - Molly will add this language to the website.

## 5. New Business

- **Motion** to offer, post on OSPA website, and announce in meetings a 10-12 week, "Behavior Lists and Self-Care Plan Workshop," which will begin on Saturday, April 4, 2025 at 11 AM EST.
  - **Seconded**, discussion
    - Clarification: "announce" = put on events/meeting page on website
    - "Offer" and "announce in meetings" do not need WSO approval
    - There is no "sign up by" date, fellows may just show up. The announcement would include registration information.

- Offer by the Literature committee to contribute a rough draft of a behavior list pamphlet as a resource for the workshop and as an opportunity to get feedback on literature.
    - Suggestion to note that this style is one way of many to work the program since we don't have any official literature yet
    - Concern that workshop and literature should be aligned- Brenda and Amy will coordinate, may present something next month
  - Motion **passed**, 5 yea, 0 nay, 1 abstain.
- **Motion** to add a new service position: a person who facilitates access for neurodivergent skin pickers who face barriers in accessing and/or navigating our fellowship. (Submitted by Noriko Dec 2025, postponed Jan 2026 and Feb 2026 in Noriko's absence)
  - This will be dropped per the earlier motion. Mera will reach out to notify Noriko. The motion may be brought again for consideration at any time.
- **For discussion:** regarding OSPA Google account recovery details (submitted by Emily K Feb 2026)
  - Emily K's email is the only recovery email for the OSPA main account. Do we want to add another fellow's/fellows' email addresses?
  - **Postponed** due to running out of time.

## 6. Other Business

- None

## 7. Closing

- The meeting closed with the "We" version of the Serenity Prayer at 1:18 pm ET.
- **Next WSO Meeting Date: Sunday, March 1, 2026**